





M O N D A Y			
Breakfast	Lunch	Dinner	Snacks
TUESDAY			
Breakfast	Lunch	Dinner	Snacks
Diedkidsi	Lunch	Diffile	Silders
WEDNESDAY			
Breakfast	Lunch	Dinner	Snacks
THURSAY			
Breakfast	Lunch	Dinner	Snacks
FRIDAY			
Breakfast	Lunch	Dinner	Snacks
S A T U R D A Y  Breakfast	Lunch	Dinner	Snacks
breaktast	Lunen	Dinner	Snacks
SUNDAY			
Breakfast	Lunch	Dinner	Snacks